

SOLUTIONS FOCUS COACHING MASTERCLASS 2022

The Solutions Focus Coaching Masterclass refines and extends your coaching repertoire by intentionally integrating pragmatic and proven Solution Focused methods into coaching and leadership conversations. The Solutions Focus methodology can change the direction of your conversations, enabling you to foster a creative and enabling mindset in yourself and others where there is positive progress towards broader organisational goals.

This two-day advanced-skills course delves into Solutions Focus and the way in which it integrates with the GROWTH Framework and 'key coaching skills'.

Solutions Focus is a powerful yet subtle approach to positive change. From its origins twenty years ago, it is now being used by major corporations, top business schools and many coaches and consultants as the methodology of choice where effective, respectful and lasting change is wanted.

Register via: <https://qeli.qld.edu.au/advanced-coaching-solutions-focus-masterclass/>

\$790pp + GST = \$86900

Venue: Pullman Hotel, Brisbane

Rego Close Date: 8 Aug 2022

The Solutions Focus approach will help you to work with change, emergence and the unexpected more confidently. The philosophy is practical and can be used in any form of interaction whether with teams, members of staff, or even in your personal conversations. You will build a greater awareness of the impact of words and language, and use them even more skillfully.

- ▶ Learn how to integrate proven Solution Focus (SF) tools and concepts into your coaching
- ▶ Use an emergent tool-based approach to better respond to the coachee - using the six Solution Tools and five Solution Focused Boosters
- ▶ Learn to focus more on the coachee and their language
- ▶ Work in a broader range of contexts, building on a 'not-knowing' approach
- ▶ Understand the philosophical principles of Solutions Focus
- ▶ Coaching, based on the assumption that 'change is happening all the time'
- ▶ Build extra flexibility and confidence to work with whatever happens

PROGRAM FEATURES

- ▶ A Solution Focused welcome - using the solutions focus tools to set up the day
- ▶ What we already know - the GROWTH framework as a coaching foundation
- ▶ Working in a complex world - Implications and logics of working in linear and complex worlds
- ▶ The Albert Model - problem focus vs solution focus
- ▶ Affirming what's working - bringing strengths to the fore
- ▶ Problem to Platform - engaging and contracting
- ▶ Future Perfect - engaging creativity to stretch the world of our clients
- ▶ Solutions Focus conversation expanders - building the detail to create change
- ▶ A user's guide to the future - a practical result of thinking in a complex way
- ▶ Scaling - an unreasonably effective tool for noticing progress
- ▶ Counters - looking for what's already working
- ▶ Devising small actions - to quickly build progress
- ▶ Coaching demonstration using all the tools and expanders - preparing for practice
- ▶ Putting it all together - coaching practice session using all the tools

WHO SHOULD ATTEND?

All educators. This is an advanced coaching skills course. Participants must have attended the GCI Introduction to Leadership Coaching course or the Coaching Accreditation Program. Participants should also have experience of applying their coaching skills in their workplace roles.

PROGRAM STRUCTURE

Welcome & Preparation Week
commencing 8 Aug 2022

Workshop
22 Aug 2022, 8.15am to 4.30pm

You will discuss and develop a clear understanding of what coaching is, and what it is not, and you will build confidence to use the GROWTH coaching framework immediately.

Certificate
Week of 25 Aug 2022

PROGRAM OBJECTIVES

During the Solutions Focus Coaching Masterclass you will:

- ▶ Extend your coaching repertoire by integrating an intentional Solutions Focus approach
- ▶ Learn to focus more on the coachee and their language
- ▶ Build extra flexibility and confidence to work with uncertainty
- ▶ Understand and enhance your response to change and challenge

